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Trustee: Mr. Allan Tam 416-898-9607

Superintendent: Ms. Becky Green 905-940-7800

Spring Newsletter

May, 2020



Student Mental Health and Addictions Newsletter May 2020

YRDSB Mental Health services are provided by YRDSB
psychology & social work personnel

Children's Mental Health Awareness Week is May 4-8, 2020

This year, as we are experiencing social distancing due to the Pandemic, our focus will be on how to maintain social connections and mental health while social distancing. Once again, the York Region District School Board is celebrating Children's Mental Health Awareness Week with the introduction of a toolkit that contains daily activities that can be done at home for a mental health break. In addition, there will be some suggestions of ways to stay socially connected during this time of physical distancing at the end of the student work day.

All activities coincide which each day of the week. The activities are aligned with some of the health topics found in the Health and Physical Education.

The themes of the 5 mental health break activities are:

- Managing Stress
- Identifying Emotions
- Staying Positive
- Nurturing Relationships
- Knowing Yourself

The 5 suggestions to stay socially connected are:

- Tell the Ones You Love
- See Some Wonderful Faces
- Think About Who Really Needs You
- Talk About the Tough Stuff
- Share Good Content

[School Mental Health Ontario](#) has created a variety of resources for educators, parents and families, and students regarding supporting student mental health during this time. Check out some more tips from School Mental Health Ontario on building [personal resiliency](#).

Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

The link below is dedicated to supporting student mental health during this pandemic. Resources for students/parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with these supports.

<http://www.yrdsb.ca/schools/Repository/NewsEvents/Pages/BoardNews/Coronavirus-Mental-Health.aspx>

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account @YRDSB

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MS. MOORE & MS. SUMAR - JK/SK

Online learning in Kindergarten is definitely a challenge, but the students and families in Ms. Moore and Mrs. Sumar's class jumped on board eagerly and have been busy for a month with learning. Each day an interactive lesson is posted to the class where students are greeted by Ms. Moore or Mrs. Sumar on recorded video. Students work through links that have them reading, writing and completing math, dance and inquiry tasks and then they upload their work for feedback.

The class would like to share two samples of their recent work. The first is called **"What am I?"** which was based on a short book the students read. See if you can guess the animals from the clues each student has provided. Then you can look through **"Funny Food in Kindergarten"** where some students designed funny food

pictures and then drew and labeled them. Finally, Mrs. Sumar presented students with challenges around Earth Day and students rose to the challenge of designing projects from recycled materials.

Mrs. Sumar and I would like to thank all the parents in our class who ensure that their children are signing on each day and learning with us! This is definitely an adventure for all of us!

WHAT AM I?

https://docs.google.com/presentation/d/1FtT7J-4xjC_I6FWILHgeX_Aqc_wYVs-qdrbkaad90c6A/edit?usp=sharing



FUNNY FOODS

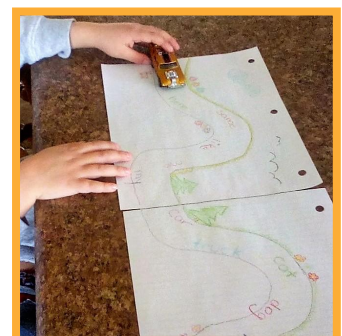
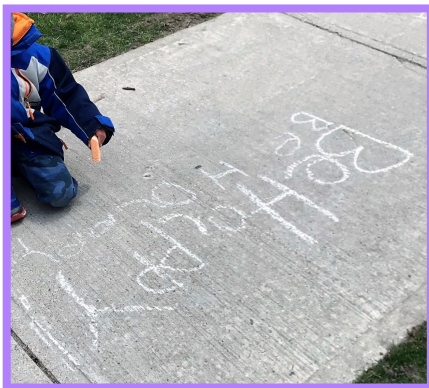
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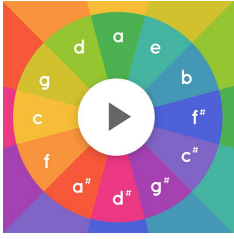
MS. HAYWARD & MS. NELLES - JK/SK



Art work,
projects and
positive
messages!



MR. PAGANIN - MUSIC



The **CHROME MUSIC LAB** <https://musiclab.chromeexperiments.com/> is a fun filled collection for kids to experiment with. Some students have already created some awesome musical creations.

Check this out from James A. in Thomas' class:

<https://musiclab.chromeexperiments.com/Song-Maker/song/6504157822320640>

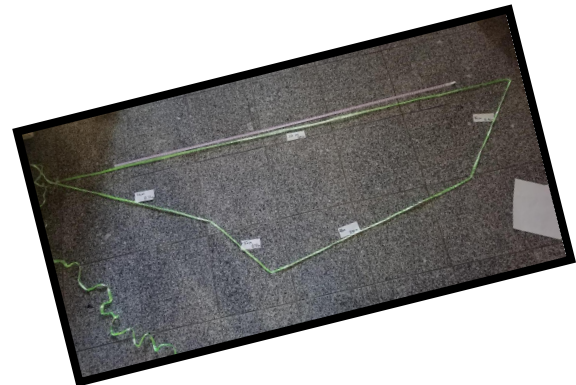
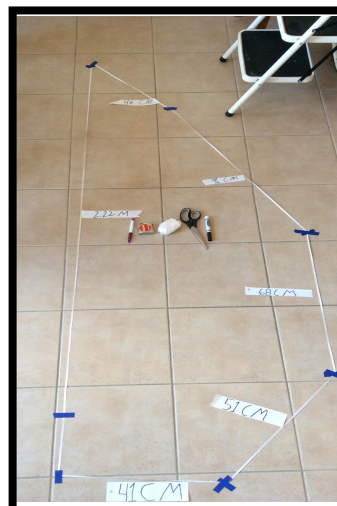
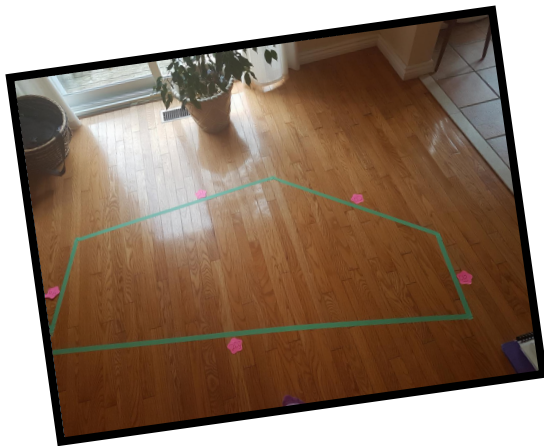
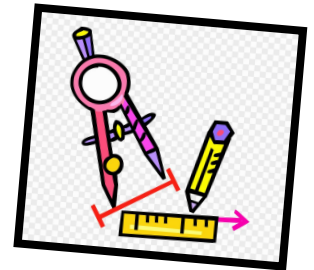
And Matthew K. from Thomas' class as well:

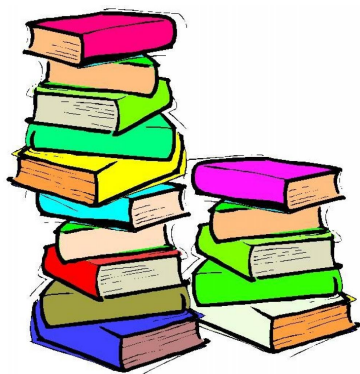
<https://musiclab.chromeexperiments.com/Song-Maker/song/6250207580782592>

Great to see what students can do online. Just pointed them to the site and they figured out how to utilize the applications on their own. BRAVO!

MR. ALMEIDA - GRADE 3/4

Mr. Almeida's class has been doing Measurement Challenges. In this assignment, students had to create a 5-sided shape with side lengths of a certain size. They came out great!





On Saturday, April 25th, Ms. Cambell/Ms. Dimitrievski's class reached an amazing goal on the ERIC READING app. **400 Total books read - amazing work grade 2s and 3s!**



REGISTRATIONS FOR SEPTEMBER, 2020

Registration for next year continues. If you know families in our catchment area that are planning to bring their child(ren) to Crowle, please encourage them to visit the YRDSB website for further information. Once schools reopen, document verification will begin. Question/concerns can be sent to the Crowle email account: e.t.crowle.ps@yrdsb.ca

School locator:

<http://www.yrdsb.ca/schools/pages/school-locator.aspx>

Registration:

<http://www.yrdsb.ca/schools/Pages/School-Registration.aspx>

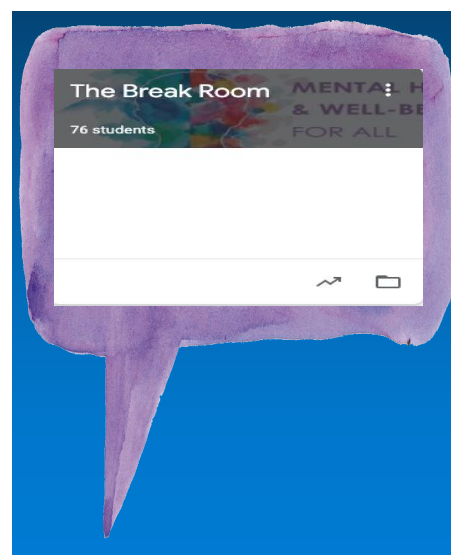
Elementary form for download:

<http://www.yrdsb.ca/AboutUs/Policy/Documents/FOR-schooladmission-163-01.pdf>

Also, if you have or know of children starting kindergarden in the fall, 2020, please register on-line:

<http://www.yrdsb.ca/schools/Repository/NewsEvents/Pages/BoardNews/Online-Kindergarten-Registration.aspx>

Teacher	Office Hours	Email
Hayward	11-12	rachel.mak@yrdsb.ca
Moore	8:30-9:30	samantha.moore@yrdsb.ca
Kinahan	11-12	Siobhain.Kinahan@yrdsb.ca
Bogle	1:30-2:30	janet.bogle@yrdsb.ca
Campbell	11:15-12:15	Tammy.Campbell@yrdsb.ca
Almeida	12-1	christopher.almeida@yrdsb.ca
Thomas	2-3	scott.thomas@yrdsb.ca
Ringler	10-11	yvonne.ringler@yrdsb.ca
Brown	2-3	Adam.Brown@yrdsb.ca
Frost	1-2	Eric.Frost@yrdsb.ca
White	2-3	Rosalie.White@yrdsb.ca
Breen	11-12	Gordana.Breen@yrdsb.ca
Maingot	2-3	janice.maingot@yrdsb.ca
Petrou	10-11	mark.petrou@yrdsb.ca
Paganin	12-1	andrew.paganin@yrdsb.ca
Dimitrievski	11-12	stephanie.dimitrievski@yrdsb.ca
Jones	2-3	julie.hurlburt@yrdsb.ca



EVERYONE IS WELCOME!

Come check out the new **BREAK ROOM** in Google Classroom for daily inspiration, relaxation and mindfulness ideas.